



Referral Form

Counselling and adventure-based therapeutic supports for young people |
Central Coast, NSW

Thank you for thinking of SNDY Tracks. This form can be completed by a support coordinator, school, GP, allied health professional, caseworker, or family member. Return it to info@sndytracks.com.au. We respond to referrals within 2 business days.

Shortcut for families: families can start directly through our client portal at www.sndytracks.com.au/client-portal-access. If the family completes the portal intake, referrers only need to send us the referral basics below (sections 1, 2 and 6).

1. Young person being referred

Full name	
Date of birth	
Pronouns (if known)	
Suburb <small>we service approximately 30 minutes around Tuggerah</small>	
School and year level (if relevant)	
Lives with / care arrangement	

2. Referrer details

Name and role	
Organisation	
Phone	
Email	
Date of referral	
Does the family know this referral is being made? <small>Yes / No</small>	

3. Parent / carer / guardian contact

Name and relationship	
Phone	
Email	
Best way and time to contact	

4. Funding

NDIS participant? <small>Yes / No / Application in progress</small>	
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NDIS number (if known)	
Plan management type Plan-managed / Self-managed / NDIA-managed / Not sure	
Plan manager (name and email, if known)	
Support coordinator (name and email, if applicable)	
Relevant funding categories (if known) e.g. Improved Daily Living, Increased Social and Community Participation	
If not NDIS: how will supports be funded? Private / DCJ / Other	

Note: SNDY Tracks is an unregistered NDIS provider and can support plan-managed and self-managed participants. We are unable to invoice NDIA-managed (agency-managed) plans.

5. Reason for referral

What's going on for this young person right now?	
What would the family or referrer like supports to work toward?	
Reported diagnoses or presentations (if any)	
Current or previous supports involved counselling, OT, school supports, etc.	
Anything that has or hasn't worked before?	

6. Safety and participation

Any known risks we should plan for? self-harm, absconding, behavioural escalation, etc.	
Any medical conditions relevant to outdoor activity?	
Interests and strengths helps us plan engaging sessions	
Anything the young person definitely does NOT want to do?	

What happens next

1. We acknowledge the referral within 2 business days.
2. We contact the family to talk through goals, suitability and funding.
3. If we are a good fit, the family completes intake and consent forms through the client portal before a meet-and-greet session.
4. If we are not the right fit, we say so honestly and suggest alternatives where we can.

Questions before referring? Call Sam Duke on **0417 386 246** or email **info@sndytracks.com.au**.

Information on this form is handled under the SNDY Tracks Privacy Policy (sndytracks.com.au/privacy-policy) and used only to assess and arrange supports.